Pickled Green Beans And Red Peppers

Pickling

Prep Time: 15 minutes Cook Time: 10 minutes Total Time: 25 minutes Difficulty: Easy Servings: 3 x 32 oz mason jars

INGREDIENTS

Pickling Liquid:

3 1/2 cups white vinegar

3 1/2 cups water

4 tbsp sugar

1/4 cup salt

Jar Contents:

(ingredients are for each jar)

- 1 jalapeño pepper, seeded and sliced
- 1 habanero pepper, seeded and sliced
- 2 whole garlic cloves
- 1/2 tsp coriander seed
- 1/4 tsp red pepper flakes
- 1 tsp oregano

Green beans and/or red bell peppers to fill the jars

DIRECTIONS

For the pickling liquid, heat the ingredients on the cooktop until dissolved.

Fill each jar with liquid and let cool for about 2 hours. Put the lid on the jars, shake to mix all ingredients, and refrigerate at least overnight - best if left for two days.

NOTES

We use these jars and these lids for fridge pickling.